

## BEGINNING DAY 2021

# 7. To exist means that I am continually wanted

“You are incapable of loving someone, of being a friend, if you have not recognized that you have been loved, or that you are loved by your father and your mother. Those who study psychology know this very well. It is psychologically documentable. The clear perception of being wanted, of being desired, of having been wanted and loved, of being loved..., this is fundamental for our mental health. Everyone knows it, but no one thinks of the structure of the law found within that fact...

If we do not discover everything, mother and father, and woman and man, with an admiration and exaltation, in the contemplation that begins here, precisely from this discovery, [if] we do not discover that they are signs of the original structure of our being, of What makes us exist–exist!–because in this moment, what I am is not something I give myself... To be wanted, to exist means that I am continually wanted–wanted–, therefore I am loved or, to use the metaphor from the School of Community, I am called out of nothingness in every moment. The substance of my “I” is the fact that You want me, oh God...” (From a talk by Luigi Giussani at the Spiritual Exercises for university students of Communion and Liberation, Riva del Garda, December 5, 1976, in J. Carrón–L. Giussani, “*You are not Lacking in Any Spiritual Gift*,” p. 11)

**In what place, what people do you feel “wanted” by?  
Who are your friends?**

We remind you that it is possible to send questions and witnesses to the website <http://eventi.comunioneliberazione.org/gscontributi/>