How can an “I” be born?
October 2018

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JULIÁN CARRÓN
Disarming Beauty
ESSAYS ON FAITH, TRUTH, AND FREEDOM

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By the time you read this issue of Traces, the Synod on Young People, the Faith, and Vocational Discernment will already be underway. It is a historic opportunity, because it involves a crucial topic for the Church and the world. Young people are not only the future—they are the present. The difficulty in choosing, in finding a road that will fulfill the promise of life does not concern them alone. All of us are in search of a compass. All of us are muddled by a confusion that makes it difficult to get our bearings, to walk, and to grow. This confusion makes everyone more fragile and fearful, with a fear that often intensifies even in places dedicated to education, because the insecurity transmitted to our children or students is the one we ourselves harbor inside. Schools, universities, but also parish youth centers and the ecclesial realities to which we belong, and the Church herself, can become, often become, bubbles where we can isolate ourselves “waiting for the storm to pass,” rather than places that make our “I”’s more well-grounded. Some books, widely read and discussed of late, in some way theoretically support Christians isolating themselves in this way. But many lived attitudes give this tendency flesh without our even realizing it.

What enables us to leave this bubble? What serves to generate an adult subject? What is the difference between places that generate and those that are refuges? The Close-Up article in this issue addresses a crucial theme that may provide an answer to this question: education. This is the contribution we want to make not only to the Synod, but to our world today, even more so at a moment when for many reasons the idea of relationships built in the context of education is looked upon with suspicion.

We do so by looking more deeply at the general context, which paradoxically evidences damage to the fulcrum of education, namely, freedom. We describe places where something better is happening and witnesses who are undertaking the challenge of education by wagering on the apparently fragile, yet crucial, nature of freedom, as you can read about in the conversation on the following pages between Julián Carrón and a group of university students. This conversation introduces us to the true heart of the matter: how to generate free and open people who are not afraid to live reality. That is, how an “I” can be born.
In the ward without succumbing to pain

Dear Fr. Carrón, I have been away from the Movement and from the Church in general for at least a year. There is not any particular reason for this, but it happened because gradually I have come to see little correlation between what we have said and what I am living. I am a young person specializing in medicine and my work hours do not leave me much room for freedom of action. Over time, though, I have become unable to face the daily twelve-hour workdays—it seems to me that my life is being totally annihilated. So I decided with a friend of mine to say my first “yes” after months and spend half a day at the Meeting. I went to the panel discussion titled, “Charity and Science: The Mystery of the Relationship of Cure.” I was moved by the way they spoke about the patient, and the description of how we can remember a perspective of good even amidst suffering. I returned to work thinking, “I desire to see things as they do.” Monday, I went to the ward and everything was turned upside down. A patient went into shock; we tried to revive her but she passed away while I was giving her CPR. I was exhausted. The next day, the head physician said to me, “You shouldn’t be too upset because if you get too involved, that’s it: you’re done for. You need to look at the patients as numbers, as images. You must develop a passion for the case, not the person.” I didn’t reproach him for what he said, but I thought again about my afternoon at the Meeting, and I couldn’t erase the indelible trace of a different possibility. I saw a way of considering the patient not as a number, but as a person whose destiny is turned toward good. I saw in the flesh the possibility of looking at suffering without succumbing to an inhuman attitude. I saw a perspective that I cannot forget. I am happy because if I hadn’t gone to the Meeting, I would have accepted my professor’s words. But today, with a possibility I have seen, their outlook has, in some small way, become mine too.

Signed letter

On a trip to the Baltic Sea

We took a trip with the whole family to cold, agnostic Hamburg (more than 60% of the population does not profess any religion). We were guests of my childhood friend, Anja, who belongs to this group. One morning, while we were in the car heading to the Baltic Sea, I asked her, “Forgive me but in our rush this morning, we forgot to say a prayer that is very dear to us. Would it bother you if we recited it?” She, who loves us dearly, agreed and listened as we prayed the Angelus (she understands and speaks Italian very well). At the end of the prayer, she looked at us, moved, and said, “What just happened? Your voice was different, you were different. Nothing like this has ever happened to me before.” We remained in silence, amazed at her amazement and at her openness to the Mystery that happened within those words, words that we almost take for granted. I asked that I too might look at things around me in this way and be moved as she was moved listening to the Angelus, I who so often recite it mechanically, almost as a duty. “The Word was made flesh and dwells among us.” My friend, Anja, heard Him and saw Him on the road to the Baltic Sea. And she helped us, Christians from birth, to live that Mystery again.

Cristina, Bergamo (Italy)
One day while I was working, the Evangelical pastors arrived. They are prisoners who preach the Word of God to other prisoners. We had already crossed paths numerous times and had exchanged opinions about the Bible. But I needed to find yet again confirmation of the truth of everything that was happening to me, this hundredfold. They said, “Good morning. What have you read? Do you have anything new for us today?” I answered, “Good morning. Do you believe in what the Apostle Paul says regarding work?” And I began to talk about that, and about my personal work. They replied, “What you say is beautiful; where does it come from? Are you Christian?” “Wait just a minute.” I rummaged through my backpack and gave them the magazine Huellas [the Spanish version of Traces]. Another time, I had a problem because in jail it’s easier to have problems than to bump into positive things. One of my employees got angry and walked off the job, threatening the staff. My colleagues suggested to me, “Punish him, he shouldn’t work anymore.” They had a point. Yet, if I think about my recent experiences, how many people have helped me when I was in crisis? I waited a moment, just to be safe, and when he had calmed down, I took him aside and suggested to him, “Let’s go have a mate.” Then I asked him, “What’s going on with you? Are you having some problems?” He began to tell me about his mistakes and the drama of his life. He said, “In a cell, you can’t do much or resolve anything, so how can you change reality?” I understood his sense of powerlessness. I told him that, prisoner or not, we all have problems we can’t resolve. I continued, “Look, I can kind of understand you. The only thing that I can do is listen and help you in whatever way I can. If you don’t want to work, let me know, and if you’re having a bad day, tell me. But let’s keep on talking.” He finished by apologizing for what had happened and by thanking me. That was another day when the fear of reality did not prevail in me. How much is a day like that worth, for what little we were able to resolve? I don’t want my faith to have an expiration date. This is why I need the Movement, to be continually called back to Christ and to grow in faith and hope that He can do everything, even in prison, where it is rare to see someone laugh. This is possible only because Another wants me to be happy and has made me happy.

**Javier, Argentina**

After the national high school graduation exams, I was going through a rather tough time. I was overcome by pangs of nostalgia for the girlfriend I had broken up with a while before. I started working and I spent my breaks looking at Instagram stories of my friends on vacation. I wasn’t able to tell anyone about everything I was feeling, not even my friends in GS. In short, I felt that I wasn’t “important” to anyone, and fell into an exhausting loneliness. So, in this summer that seemed destined for oblivion, I was offered a possibility: to accompany a young boy who had some problems to his first GS vacation in the mountains. At first, I took it lightly: “I’ll go and be somewhat attentive, but then I can leave him with his friends every once in a while so I can relax and have a little bit of a vacation. I really need one!” A little before leaving, I lost all desire to go. But instead, these days were the truest of my life. I stayed very close to Lollo, particularly on the hikes, because he has problems with his balance. Especially in these difficult circumstances, he was an example for everyone. On the first hike, when we arrived at the top, a small group of friends wanted to go to an even higher point where you can see the Matterhorn. Lollo told me, “I want to go, too,” and it turned out to be a really incredible climb. On another hike on which we were always bringing up the rear, he kept complaining that he didn’t want to be last. “I want to be in the middle!” In the middle! With his friends! And he started to run! Here I saw what the Brazilian composer Marcelo Cesena, whom we met during the vacation, said during his witness. “I have met many people with various disabilities but I’ve never met anyone with a disabled heart.” The next to the last day, we came out of the small Ray meeting and he said to me, “I’m not going back to the meeting. It’s boring just talking.” I burst out laughing and asked him what he liked about the vacation, and he replied, “The mountains and the waterfalls.” His wide eyes and stupendous smile were filled with the fact of having recognized a beauty greater than everything. I added, “And what else?” With a smile that moves me as I remember it, he said, “Petu (my nickname), because you’re so good!” The last day Andrea came to me in tears and said, “You are the greatest person I’ve ever met. Thank you!” Then other people came to thank me. I felt there was such a huge gulf between how I had been on the vacation and what these young people were saying to me. It was then I understood that there was truly a Presence among us, that I had not brought anything to my accompaniment of Lollo: I had participated in the Mystery that was given to me.

**Lorenzo, Chiavari (Italy)**
Places, not shelters

Freedom is the ideal that is most cherished today. Yet, it is also the most endangered. All people, even youth, look for spaces that are “safe” and “protected.” Meanwhile, the educational crisis continues to worsen. How is it possible to “generate” free human beings?
It may seem strange to begin this discussion of education with the American settlers and the “Far West,” but, as you will see, it is a good starting point, because it illustrates a key point about the crisis we find ourselves in which does not just affect youth: the drama of freedom. Entire generations have fought in the name of freedom. The United States—which, for better or for worse, remains a reference point for our history—has gone so far as to make freedom its theoretical and affective cornerstone.

And yet, precisely at a time when science, technology, and theories of “new rights” are presenting us with an infinite array of possibilities—in theory, we can choose anything, or just about anything—we almost seem to be afraid of freedom. We find ourselves incapable of making choices; we fear being attacked by people who have different opinions. In other words, we find ourselves weaker and more confused than ever, in need of “safe spaces”, shielded from the harshness of reality. This becomes clear in the following narrative from the “inner world” of American college campuses and in the interview with Greg Lukianoff, an intellectual who has recently written a book discussing how America is “coddling” the minds of its children.

That this can happen even in the US is a wake-up call to take seriously this urgent global problem. Furthermore, it shows that the educational crisis Fr. Giussani was among the first to note over 20 years ago is the true heart of the matter. It is evident in the attempts of those who choose another path: who, instead of protecting us from freedom, challenge us and call us to act and respond, thereby creating places that “generate” instead of shelters to hide in.

Directed toward this same goal is the conversation between Julián Carrón and a group of university students you will find in this issue, a renewal of what was proposed in May: how to generate men and women; in other words, how to bet on their freedom. (dp)
Who is afraid of freedom?

“Safe spaces” to avoid facing people with different opinions. “Trigger warnings” to be protected from “disturbing scenes,” even those in Greek tragedies. And more rules, suspicion, investigations... American universities (and universities elsewhere) are trying harder and harder to protect youth from reality. But is that how one becomes an adult?

In America, the love for freedom is not born from an intellectual reflection, but from an experience of that willingness to take risks, rooted in the certainty of living in the country “blessed by God,” which drove settlers to venture to rugged lands inhabited only by indigenous tribes to create new spaces in which to live and prosper. In order to fully comprehend what is happening in the US today, it is first necessary to take a step back and look at the roots of that fervent yearning for freedom that is typically American. Two historical events are particularly significant in this regard. The first was the settling of the frontier, a fundamentally important moment in the history of the country that raises various issues and complexities, as the ongoing debate between historian F.J. Turner and the “New Western Historians” shows. Beginning in 1862, a series of laws—the Homestead Acts—decreed that any applicant could acquire ownership of an plot of public land (usually 160 acres) west of the Mississippi River, if he was willing to settle on and farm it. In this way, over 270 million acres, mostly plots of prairie land, were granted at no cost to over 1.5 million homesteaders.

Upon their arrival, the homesteaders lived in dugouts and sod houses, braving brutal winters. The soil was...
hard and at first it was not fertile. There were no roads or cities; the settlers would arrive before government, schools, or churches.

A second historical event that helps us understand Americans’ love of freedom is the ratification of the First Amendment to the US Constitution, which the people demanded of the nascent government in the late 18th century. The amendment protects five fundamental freedoms: freedom of religion, speech, press, to petition for redress of grievances, and assembly. In these absolute terms, the First Amendment does not exist in any other place in the world.

These two events help to clarify how, from the inception of the American experiment, freedom has been earned by the sweat and sacrifice of the people who, at every step along the way, have fought to defend it without the help of the state—which, in fact, often acts in opposition to it. Freedom is not granted or guaranteed by the state, but is an inalienable right of the individual.

Up to now, Americans have chosen the drama of freedom over having security without it. In the last few years, though, we are witnessing something different: the grandchildren of those who in 1968 championed the revolution to protect the “right to do and say what you want” do not want to hear a single word that could upset them. It is a turning point that Greg Lukianoff reflects on carefully in the book he recently co-authored with Jonathan Haidt, The Coddling of the American Mind, which points out the causes and consequences of this increasingly widespread “coddling.” For some years now, Lukianoff has been the president of the Foundation for Individual Rights in Education, FIRE. As an attorney, he has dedicated his life to defending the First Amendment in higher education. His foundation defended the janitor convicted in 2017 of racial harassment because someone was offended by the image of hooded members of the Ku Klux Klan with fiery crosses on the cover of the book he was reading. In the background of the image was the University of Notre Dame (in a twist of irony, the title of the book was Notre Dame vs. the Klan: How the Fighting Irish Defeated the Ku Klux Klan).

As you will read in the following pages, Lukianoff is baffled by the ever-increasing number of requests being made to university administrators to establish “speech codes” that censure and sanction speech to prevent the possibility of someone being offended. These demands seem to foster a “safe mentality,” which considers protection to be the highest value in an educational environment. An example of this is the creation of what are defined as “safe spaces,” places where people can be listened to without being contradicted and where they can find refuge among people who think as they do.

Two other manifestations of this “safe mentality” are “microaggressions” and “trigger warnings.” Microaggressions are expressions that might be perceived as intentionally or unintentionally racist or offensive, for instance, saying to an African American boy, “You must be good at playing basketball,” or asking an Asian girl, “You’re Chinese, right?” Trigger warnings are cautions professors must give if the content of a lesson—for example, a scene from a Greek tragedy portraying suicide or rape—might be disturbing for some students. Students who are not comfortable reading that text can choose to step out of the classroom when it is read or to not complete an assignment related to it. Some universities have created Bias Response Teams to whom anyone can report incidents of prejudice, such as a comment made by a professor in class or a joke told by a student; the teams have the ability to initiate an investigation.

This turn of events is quite surprising. At a time when nearly all possible freedoms—to choose what to wear, who to marry, whether to change one’s gender or identity—have been attained, students on campus are asking adults to censure speech, demanding safety and protection. Because of this emphasis on “safety,” it is rare to find young Americans who are willing to take risks, who dare to engage in dialogue with someone who thinks differently. As a result, universities have become almost paralyzed. Professors are afraid to accidentally say something during their lessons that could be interpreted as offensive.

Lukianoff reaffirms that those at fault are not the students, but the educators who, though well-meaning, have, in their attempt to protect young people from any conceivable danger, made them fragile, as is so evident today. In so doing, it seems they have robbed them of the capacity to risk and to challenge ideas, of their love for freedom. This situation is not only relevant to the US, and it raises a great challenge: what type of education generates individuals solid enough to be humble, open, and curious—in other words, who has the nerve to be adventurous builders like their ancestors before them?
Greg Lukianoff has spent his years at the Stanford School of Law studying the First Amendment. For him, the right to freedom of speech is almost a fixation. Today he is considered its most stubborn defender in the educational field: since 2006, he has been the president of FIRE, the Foundation for Individual Rights in Education, where he deals with cases of firing, suspension, or disciplinary action connected to freedom of speech on campus. In his latest book, *The Coddling of the American Mind*, he criticizes the growing demand from students for rules that would allow them to avoid facing ideas and opinions that may upset them. Lukianoff considers the creation of “safe spaces” to be dangerous for the human and cultural formation of young people because ultimately they create a “bubble mentality”: we inside, together with those who think like us, and the rest of the world outside.
In your book you speak about a turning point that you noticed in 2013. What did you see?
At the time I began my work in 2001, overwhelmingly the strongest constituency on campus in favor of First Amendment rights were students. In 2013 I began to notice a disturbing trend: we started seeing students pushing against free speech.

In what way?
Around the late fall of 2013, a talk that the New York Chief of Police, Ray Kelly, was scheduled to give at Brown University was shouted down. The novelty was not the shout-down, we had seen shout-downs before, even though it was not very common in my experience. What was new was the sort of glee with which it was celebrated, the fact of managing to get someone silenced at a university, instead of being able to ask tough questions. And right around the same time, I began to hear about trigger warnings, microaggressions— a term I wasn’t familiar with until that moment—and requests for new speech codes. Honestly, it felt that this happened almost overnight.

What does the idea that we need to protect ourselves from microaggressions tell us?
I have a great deal of sympathy for the concept of microaggressions. In terms of academic study very few people are more interested in how we slight each other than someone like me. My father is Russian. My mother is British. They have extremely different norms on what politeness means and about the balance between politeness and honesty. But as a First Amendment lawyer I’m well aware that as soon as you put something so broad and vague into someone’s hands it very quickly becomes a very powerful speech code.

Shouldn’t fostering politeness norms be a good thing?
Politeness norms are the most variable concepts in any culture and even within cultures. Different cultures have different norms. In the American colleges, students coming from abroad have very different norms. Students coming from different socioeconomic backgrounds have different norms. It becomes difficult to have speech codes as specific as microaggression policies and yet remain extremely tolerant and open minded. There is a deep and important tension there.

You often speak about safetyism. What do you mean?
For me, safetyism is unreflected sacralization of safety, both emotional and physical. Safetyism is a term you talk about when you turn a proper appreciation for physical safety and improving physical safety into something that is sacred, against which there are no trade-offs, to be achieved at any cost. After a certain point, when something becomes sacralized, it might become something dangerous. It is an all-powerful trump card. Because as long as you make a safety argument, you always win. But emotional safety, I call pseudo-safety. For instance, when someone says in a classroom “I don’t feel safe,” he means that a topic, a point of view is making him uncomfortable, nothing more dramatic than that. And this can spiral out of control.

Where is this emphasis on safety coming from?
From the safety movement for children, which in the past thirty years has been highly successful in decreasing accidental deaths and kidnappings. Many would want to push it until we have 100% safety. But in the attempt at reducing dangers, you create new risks.

Which new risks?
In an effort to protect your kids from every possible threat that might pop up, you can make them extremely afraid, at a level which is not warranted, since we are much safer thirty years ago by almost every measure. And in doing so you can make people paranoid, you can take away their locus of control, essentially making them feel that they are not physically safe on their own, so therefore they have to wait for an authority figure to tell them when they are safe. And that is not healthy for either an individual or a society.

In your book you speak about how our obsession with the safety of our children has brought us to teach them several “untruths” that foster cognitive distortion, like always trust your feelings…
“Your feelings are always right” is a nice sounding idea, but it is ultimately not true. Particularly people who are familiar with basic psychology or philosophy know well that you should not accept uncritically everything you feel. Also, some problems in life can be avoided if you treat your emotions and your impulses more like information rather than instructions, as Susan Davis boiled it down quite well.

You also mention that often we communicate to kids the belief that the world is divided between good and bad people, which
sounds quite familiar in our current political climate...
That essentially the world is a constant struggle between good people and bad people is the great untruth of polarization, even if our gut wants us to see the world as a Manichean struggle between good and evil. If you look at the way the battles on campus go, people actually believe everything is black and white, it’s all binary thinking. But this false representation of a much more complex world can lead only to greater polarization.

At the root of these tendencies, isn’t there also a misunderstanding of human nature, an emphasis on its fragility?
When we define people as either fragile or robust, we are missing an entire third category, of which Nassim Taleb speaks in *Antifragile: Things that Gain from Disorder*. There are some types of systems, including the human body, that benefit from stressors, and actually grow fragile if they don’t experience them. For instance, when you send people up in space, without gravity their joints very rapidly deteriorate. For physical health, challenging yourself is essential.

And this analogy stands when we speak of intellectual development?
I find very persuasive the idea of liberal science, of which Jonathan Rauch talks about in his wonderful 1993 book, *Kindly Inquisitors*. Liberal science is a system in which anybody is allowed to propose ideas and then you sort of fight them out in public, and nobody is allowed to claim special knowledge: you can be an expert, sure, but at the same time it’s not like I’m drawing my authority from God and I’m perfect. In this system, the questioning always has to go on and no argument is ever truly over. Liberal science practiced rigorously, in the form of academic freedom and science, can lead to better ideas that stand the test of time. I would say that liberal science is an antifragile system.

People also are antifragile systems?
Yes, absolutely. Now, as also Taleb recognizes, at a certain point something can kill you, or something may happen that can fall so short of a serious injury that we shouldn’t be afraid to challenge the thing we are trying to avoid. In trying to get people healthier who are recovering from genuinely traumatic injury caused by very hurtful things, the psychologist tries to question some of the person’s self-perceptions. Unfortunately, on campuses I feel like we are engaging in negative schema training. At the beginning of a chapter in the book, we speak of a student who visits the psychological services on campus, and they are asked by the psychologist there: “Do you feel anxious?” When the student responds “Yes,” the psychologist replies, “Oh no, then you must be in great danger. And I should also warn you that if you feel that way and you are exposed to the things that you are afraid of, you’ll probably be damaged forever and there’s nothing I can do for you. Let’s look into places you can hide…” No reputable psychologist would give you
advice like that, but I feel that implicitly and explicitly, with some of these campus programs, we really are setting up students with self-fulfilling prophecies: if you believe that you are fragile and if you believe that you can’t actually cope not only with trauma but with the abrasions of everyday life, that’s what you become.

And it’s a tremendous disservice to students who we believe in their natural state are actually quite resilient.

You are basically saying that in order to fully grow and develop we need to encounter diversity and disagreement, and at the moment we take that away, a great weakness arises...

I’ll start with a simple generalization. Most of human history is a quest for new and old certainties that make us feel that we can stop, that we are freed from asking the difficult questions of the meaning of life. It takes a lot of training to get used to a world in which you actually can tolerate uncertainty and ambiguity, and even more to get to a state where you enjoy it, where you find the mystery and the ambiguity of life around you something that is more thrilling than terrifying. Thus, education, if done correctly, has to be somewhat painful because it has to break some of your certainties: as you actually explore the world of ideas, you should go through some amount of emotional pain and difficulty. It sounds flippant but it’s nonetheless true: if you make it through four years of college without being made seriously uncomfortable, without having been offended even, you should demand your money back, because that means that you’ve not been sufficiently challenged.

You open the book with the quote “Prepare the child for the road and not the road for the child.” What do you mean by that?

We tried to approach the topic of parenting with proper epistemic humility, and so we decided to interview four experts: Peter Gray, Erika Christakis, Julia Lythcott-Haims, and Lenore Skenazy. Christakis emphasizes how unstructured free time and unstructured free play is really essential for the development of kids, and that includes the processes of negotiating conflict with each other without overbearing parental intervention. I have two wonderful little kids. It helps me understand the desire to protect, almost at a cosmic level. I get that. But reading some of the most recent studies on parenting, they seem to be almost screaming at us: “Wow, but then almost every parent I know is doing exactly the opposite of what research indicates you should be doing!”

In her Achtung Baby: An American Mom on the German Art of Raising Self-Reliant Children, Sara Zaske talks about how the cultural value, in particular in light of the totalitarian past, of raising a kid with a sense of independence and some tolerance for risk became very important to German parents. And I love the fact that she also made a point of talking to parents to say, listen, I know that we as parents don’t find this easy, we do have that instinct to completely hold our children close and protect them from everything, but we know that we have to overcome that for their good.

How should education change, then?

In the US, the embodiment of the education model has always been Tom Sawyer and Huckleberry Finn, the ultimate free-range literary characters. And yet today it is not so anymore. The types of kids that are going to some of these more elite universities, they are scheduled from 6:00 a.m. to 8:00 p.m., and then up to bedtime. They don’t get a lot of free time, they don’t get to develop ways of settling things without someone intervening. We shouldn’t be surprised, then, that we are seeing exactly these problems on campus. Children need more independence, less structured time and more free play: they need all of these things that have been dismissed as almost a weird kind of self-indulgence. We really need to evaluate what our priorities are in raising our children: is it controlling their lives infinitely so that they have a slight chance of getting into Stanford or Harvard, or is it to have healthy, happy, well-rounded members of a functional and governable democracy?

If you believe that you are fragile and if you believe that you can’t actually cope not only with trauma but with the abrasions of everyday life, that’s what you become.
“When a new ‘I’ is generated”

Notes from a dialogue with Julián Carrón and a group of students at the Equipe of the Communion and Liberation University Students on the theme “By these facts, you will know that I am the Lord” (Corvara, August 30, 2018).

Julián Carrón. “By these facts, you will know that I am the Lord” (cf. Ex 10:2). This was the title for our summer vacations. And, as we’ve said, the precondition for us to be surprised by those facts through which we know He is the Lord is an “affectivity,” in the sense of the word Fr. Giussani demonstrates by telling the story of that young man who, hiking along the trail that leads from a town in Val Gardena to the top of Mount Pana, kept his eyes on the ground, stopping here and there to collect a rock. After watching for awhile, Giussani figured it out: they were fossils. That man was a scientist, who, because all his attention was focused on discovering fossils, was able to notice them. He didn’t conjure up the fossils; they were already there, but a person without that attention, interest, and particular curiosity, like Fr. Giussani, had never been able to spot them despite having walked that trail many times. Only an affective energy toward some facet of the truth of reality can sharpen our eyes to see things. Now, to prepare for this time together, we posed a few questions as the agenda for the day: In all that we lived over the summer (vacations, gestures, the Rimini Meeting, the pilgrimage to see the Pope in Rome, our free time), were there facts that generated such a wonder in us that it engaged the totality of our “I,” pushing us to recognize Christ, to say His name? When were we surprised by recognizing Him? What proved to be capable of regenerating our lives?

Matteo. After everything that happened this summer, there is one thing I can say with greater certainty: wholeheartedly following what the Movement proposes to me is good for my life because, as you were saying just now, it is regenerative. I’ll try to say how, describing what happened to me when I participated in two gestures. During our community’s vacation, some of us prepared a “guided listening” presentation on Rachmaninov. It was an hour of really beautiful music, and the thought I walked away with was this: his music was the fruit of his belonging to the history of the Russian people. In fact, when he emigrated to the United States, he pretty much stopped composing. That idea blew me away; I immediately thought, “Do I have a ‘Russian people?’” What makes me the person I am? The answer is simple: my “Russian people” is the Church, which reaches me through this companionship. Who would I be if they tore me away from that bond? At this point, “who I am” is always in relation to this belonging. It’s a dizzying experience, as if my entire life hangs in the balance of this encounter. Not in the sense that my life depends on an asso-
ciation or an organization, no matter how beautiful, one in which your friends belong, too, so it doesn’t feel as empty as the others. No, I realized that, in belonging to this history, I belong to Christ; I belong to that Presence that I continue to encounter in the unity of those who believe in Him. Concretely, I belong to CL, it’s true, but I am His in a much deeper way. I realized this even more in Rome, in going to the vigil proposed by the Pope. The way the gesture was organized may have been more attuned to some temperaments than others, but when the Pope asked us to be silent, what happened was that same inexplicable unity I saw on the vacation, which surprised me again. As I looked around at the thousands of young people surrounding me I thought, “They were all touched by the same thing that touched me,” and I added, “You, Lord, are much more than my thoughts about You, the boxes I put you in, the customs or gestures, even the ones I find correspondent; You are much more.” In that instant, I felt united to all of them, not because of an affinity in thought or language, but because of this point in common: Christ present. What regenerated me was recognizing Him, discovering that my entire life hangs in the balance of His presence. God reached me through a human sign, but it is He who reaches me. One small “symptom” of all I’ve said is this: I started to be all right no matter where I go and no matter who I am with, and not in a superficial way; in the following days I realized that a certain environment or certain faces were not indispensable for me to be at peace; I started each day desiring that everything could be an instrument of that bond, that relationship with Christ. The month of August was really beautiful. It was a simple choice: when I tried to push that relationship aside, fear and uncertainty, especially about the future, started to well up; when I faced daily circumstances looking for Him, I discovered that only my friendship with Him was capable of making life full.

Carrón. What is the difference between the “belonging” you described and an “association?” We often end up reducing our friendship to an association. What was it that grew in you? It’s only after experiencing an overabundance that you realize when something is missing. In your life, what difference have you perceived between a belonging and an association? What are the signs of each?

Matteo. The sign is what happened next, when I was at home with my parents and my sisters. And I could see the difference because that belonging generates me.

Carrón. The belonging we’re talking about generates a new subject. Participating in an association cannot do that.

Matteo. The end result is that everything begins to speak to you.

Carrón. When reality begins to speak to you, it means that belonging to Christ has given you back your life, relationships, everything, but multiplied by infinity: “One hundred times more.” Belonging to the Movement doesn’t make mountains or beautiful relationships appear, but it allows me to start to see the mountains and relationships in a new way. It was all there before, but it didn’t speak to me, like Fr. Giussani’s fossils. A person only becomes aware of the depths of reality when he belongs to the One who makes reality, when His presence enters into his life. Then, all that happens begins to take on such meaning and significance that it’s as if it were an entirely different life,
“Even though I felt arid, I went over and introduced myself, saying, ‘I’m here to learn from you, from that excitement I’ve lost.’ It was a fantastic and regenerative experience.”

life in a truer sense. It’s from within this experience that a person comes to say, “I don’t belong to CL like you’d belong to an association; by belonging to CL, I belong to the One who I see regenerating my life, I am His.” It’s wonderful, because it’s something you begin to discover in the thick of what you’re living. I could have given a beautiful meditation to tell you that you are His, but it wouldn’t have brought you to the point where you’ve now arrived, having made your own discovery. What is always amazing to me is that, by wholeheartedly following what the Movement proposes, you see the things we’re talking about revealed right in the thick of what you’re living as your own discovery. This is what it looks like when a new “I” is generated. Participating in an association does not produce that newness in your person that reverberates in any and every situation in life. Lots of people go to the mountains and enjoy it, but when they get back to the humdrum of daily or family life, or daily relationships, they’re always dreaming of going back to the mountains, because nothing has changed inside them. In contrast, the experience we’re describing is this: by belonging to a concrete, historical reality, we are given our whole life back, in a way so powerful that we are the first to be surprised.

Chiara. I’d like to share three facts, in chronological order. The first happened when I was preparing for the vacation. In working with others to organize it, I found myself saying, “My desire is that the vacation and all that we do become an instrument that educates our gaze not to focus so much on our well-documented misery but rather on what He is doing to win me over, as a man does with the woman he loves.” I’ll describe the day I saw this desire, which then changed me little by little, start to take shape. It had been a rough day, and I hadn’t managed to prepare for a dinner we were having to plan for an event at the vacation (a book presentation), so I was feeling a little down. I wrote to the friend who I’d asked to take charge of the event to say I wasn’t coming because I wasn’t prepared. “All right,” she responded, adding, “Thank you for having asked me to do this, because it’s exactly what I need right now.” Her answer stung: I looked at myself and realized that, at that moment, I had a very different attitude than she did, an attitude I wanted to have. I wrote back to her right away saying, “I’ll be there.” It was a time I decided not to go with the way I’m always trying to measure myself, but rather let the desire for beauty, the desire to learn from her, win out. I realized that wholeheartedly following that untiring desire for beauty and for relationships is the way I can let Him come to meet me, and I want to continue to do so. The second fact that occurred was when I saw what we were talking about before happening to me: how I am generated in this place, how I learn to do my heart justice. During one assembly, one of the things that came out, among others, was the difference between proactively following your heart and being carried away by emotion. Something interesting happened to me related to that difference. We went on a hike, and I spent the entire morning trying to look at things in wonder, but nothing really drew me in. Lunchtime came—it was the one opportunity for me to meet the incoming freshmen, but I had nothing to say, I felt arid. In light of what came out in the assembly, however, I said to myself: “This is the only time I have to see them; I’m going.” I went over and introduced myself, saying, “I’m here to learn from you, from that excitement I’ve lost.” It was a fantastic and regenerative experience. That circumstance helped me take a step forward: my “yes” is no longer bound to the times when I feel inspired and excited; Christ, provoking me in many ways, is capable of bringing forth fullness even from my aridity, if I follow the provocations. That expression which has so often annoyed me, “Expect a journey, not a miracle,” is now becoming the most beautiful thing I’ve heard because it pushes me to be open to how He keeps me company in every instant, not just when I feel good. All this has also borne fruit at home, not because I’m capable of upholding certain standards, but because I’m more aware of how He chooses me. The last fact demonstrates this: I was coming back from the mountains with my brother (we had each been at our own community vacations); I was tired, I was driving, and I thought, “Now I can finally unwind.” As I was already dreaming of that “reduced” kind of relaxation my brother, totally unaware, said to me, “Chiara, let’s help each other not waste time the rest of the summer. Let’s wake up at a reasonable hour and maybe say Morning Prayer together.” I immediately said, “Yes, thank you!” For me, that’s not nothing. It’s as if I were with that scientist with the fossils. Instead of saying, “Why didn’t I realize there were fossils there?” I said, “How beautiful that he could help me see them.”
lives. A person, for example, as she was saying, might hear the word “wonder” and immediately interpret it moralistically, “I tried to look at things in wonder, to conjure up wonder in myself.” The result? Nothing. So then, you apply your measure: “I failed to look at things in wonder.” But we cannot generate wonder! So she goes to lunch with the new students, even though she didn’t feel like it; she felt arid, and is in wonder at what they tell her. A person can only be reborn by following the modality Christ chooses to call her. He calls me, just as he called her that morning. He calls me to go and visit a community, or to come be here with you. We may be more or less “prepared,” that’s not for us to worry about, nor can we generate a certain kind of energy on our own; but I can always come here, or to School of Community, or elsewhere, no matter how lousy I feel, as a beggar with that affectivity that Fr. Giussani described, waiting to see how Christ will surprise me and call me, to see the modality and the means He will use to regenerate me.

Think how much time we waste complaining about aridity, when it is really a question of an Other who breaks into our lives as we never could have imagined. We want to control every-thing; we say “Christ,” but in the end we reduce Him and all He came to bring to us to a series of benchmarks to reach. And if we mistake Christianity for something that just raises the bar for ethical behavior, it will only further highlight the fact we’re not up to the standard. Consequently, we’ll end up leaving, saying, “Christianity is wonderful, but I’m incapable of living it; my limitations run too deep.” Yet it was Christ Himself who said, “Without Me, you can do nothing.” Hearing that is liberating. It’s the opposite of what everyone else says: “You can do it; your own strength is enough to achieve all you are seeking.” But who can truly believe that? That doesn’t mean that it’s impossible to be fulfilled in life. There’s another way, open to everyone: a presence that comes to meet us, an event that breaks in and changes our lives. When you discover it, you begin to really enjoy life. The mistake is in the way we reduce Christianity. Instead of an event that can happen, as Chiara described, through her brother, through the new students, and through a dinner to which she was invited but didn’t want to go, it becomes a system of rules. We kick Christ out of reality. It’s as if we said, “He left, He’s up in heaven. After the Ascension He took off and now it’s up to us,” which is what the overwhelming majority of Christians think. “Christ left, leaving us the rules to follow; we have to figure it out.” No, He did not leave; He is present through the human reality He chose as His instrument, and instead of changing our minds using theology, He sends us facts through which we can recognize His presence so that He can start to become familiar. It’s a question of...
our affection, of the poverty of spirit and the open heart we need to follow the lead of the unpredictable ways he happens in our lives, even when we're feeling at our most arid. What does that matter to Him? “Don't you see? I can create a new road, right in the desert of your aridity.” The prophets used the image of the desert to represent that internal aridity: “Yes, even in the desert you’re in,” God says, “I can bring forth new life. Don't you see?” This challenges our reason, our point of view, our attentiveness and affections, everything. I wanted to underline all these things because they’re extremely important discoveries it would be a shame if we didn’t make. Any one of them is capable of changing life more than a thousand thoughts could. Christ did not make His exit from history, leaving us all alone; He continuously surprises us in reality, in all kinds of daily situations, not only when we’re together but everywhere, even without the usual familiar faces nearby, so there are opportunities for something good everywhere we go.

Massimiliano. This year, in the student housing where I live, I met another guy who is also studying at Catholic University [in Milan]. We became friends, and I wanted to invite him to our vacation. He said yes: “I'll come to see the Movement so that I can get to know you better.” His answer amazed me: we’ve known each other for a year, we eat dinner together about once a week, but in order to get to know me he needed to “see the Movement.” It’s my fifth vacation, so I already knew what we would do, but his being there made everything new: I tried to spend the whole week of the vacation together with him, even through some of the difficulties he had. At the assembly on the last day, he stood up and said, “After meeting Max, I was really curious to come here to Cervinia to see what your movement is like and to better understand his interest in getting to know me, his curiosity. I saw the same thing in many other people here, and I wondered, ‘Where does this curiosity to get to know others come from?’ I see a lot of people who, in belonging to the Movement, grow closer to the Church and develop this tie to an institution. How possible is it to cultivate relationships with God without the involvement of the Church?” I was struck by the progression of what he said: I met people curious to know who I am; all these people belong to the Movement; what is the source of that curiosity? And then, is the Church really necessary? It made me think of the questions you asked last night, “Why were the people of Palestine looking for Jesus? To add another burden to life?” No, they sought Him because of the same thing that happened to my friend: they encountered certain faces, all connected to a specific group, that looked at them with a curiosity so powerful that it made them ask where it comes from. In my life, I’ve seen that only Christ can awaken that question, only He has such a power to reawaken a person’s “I.” And I see the answer to the question about the Church contained in what happened. After the vacation, he came to see me. We may ask why we should belong to the Church, but we find ourselves already living in it. Yesterday, you asked, “How can we remain in God’s Church?” And you replied saying that what allows us to remain in God’s Church is precisely the same phenomenon that attracted us in the first place.

Carrón. A beautiful example: it’s the encounter with a “curious” humanity that engages with the other person, showing a desire to get to know him, that
inspires wonder because what ought to be the norm (that one person really takes an interest in another) is rarely true. That curiosity and interest in another person amazed his friend so much that he couldn't help but wonder, “Where does that come from?” It’s a living example of what we were saying before: that our belonging is not merely to a club or an association because it generates an “I’ that, in the way it relates to other people, raises a question. It’s up to him then, in living and following what he encountered, to recognize the answer.

Bernardo. I’ll share three facts that caught my attention over the summer. The first happened during the community vacation. A girl who studies philosophy had invited her boyfriend to come for the first two days of the vacation. He’s not in college; he has a job, and he’s not in the Movement. It was the first time he’d come on a vacation like it. For those two days, he stayed with us and participated in all the gestures of the vacation, and then he had to go back to Milan. As soon as he got home, he sent a message to his girlfriend, saying, “I think our relationship changed in those two days,” and he added, with disarming simplicity, “Do you know why?” A frank and sincere question. As if to say, “The relationship between the two of us is different now. How is that possible? What intervened to make us, who have been together a long time, treat each other differently?” The question was the result of real wonder; it was the expression of how far his reason was led when he agreed to engage its affective dimension with what was in front of him. The truth of our experience does not lie in our heads, but in something that happens, something that raises this kind of sincere question, first of all in us, and so continues to hold an attraction for us. Another significant event happened in Calabria, where I spent a week with some friends from my department after the community vacation. With us was a sophomore student who grew up in a CL family but had distanced himself in high school. Over his two years at the university, he had become progressively attached to a few of us, leading to his decision to go on the community vacation. At the assembly, he described how transformed he felt because of that friendship. In Calabria, we ended up talking about some contentious issues over lunch and dinner, and he, despite being the “last one to arrive,” had the position I found most correspondent. Was it just an initial enthusiasm or the euphoria of a convert? I don't think so. I'd say he was judging things with his eyes on an event. A position that’s different from all others only starts to emerge when it’s connected to something you’re living. The third fact was the day together with the Pope in Rome on August 11th. The first evidence of its significance was the happiness I felt going home. What happened to me in those 24 hours? Of course, the Pope's words were important, but the thing that really affected me happened even before hearing them that and was tied to the very fact of our going: waking up at 5:00 in the morning, going on the busiest travel weekend of the whole summer, and returning in the middle of the night. Despite that, what came out that day was the truth of our companionship: that we are together to follow something outside of us. This is the essence of our friendship, which you could see in the fact that very different people—from diverse faculties and with different attitudes and interests—traveled together to listen to one person. I discovered something about the method: I reach the fullness of my life by saying “yes” to a Person who extends an invitation, and all that’s needed to follow Him is to commit your heart to a companionship of people who accept you as you are and who have no reason to be together except for the fact that they share a common destination. The method is that “going fishing with Jesus” that you spoke of to us, a method that seems so crucial for me. What evidence do I have that this is the method? Its correspondence with my heart and how full my heart was going home. “Going fishing with Him” is what helps me most to live right now, and that attitude is starting to enter into the daily battles of my life. Often, my days are marked by struggle; a number of questions are becoming increasingly uncomfortable as time goes on, forcing me to take a position. Still, I can’t help but acknowledge that it’s precisely these demanding moments, when I realize that I don’t have everything under control, which allow me to be more radical in asking myself what I need in order to live. These times of struggle are actually what make me realize how often I think I “know everything” in theory, with the event being something already known, analyzed, and predetermined. There’s just one problem: with all that knowledge and by imposing preconditions, I can do no more than put off the experience of fullness: “If this happens, then it’ll happen,” always pushing it further and further off. But in that case, the present continuously slips through my fingers. It’s in the most difficult moments that I realize how insufficient my analyses are: I can spend entire days “prescribing” the medicine I need to stay afloat, but that doesn’t free me. I understand that those things I need must begin right where my analyses end; in other words, it’s when something outside of me intervenes again. So, I’m grateful that there is always someone inviting me to “go fishing” again.

He messaged his girlfriend: “I think our relationship changed in those two days. Do you know why?”
It’s impressive how such a simple formula can make such a difference because—look—our choice is very clear: it’s Jesus or the Pharisees. If the disciples had decided to go ask the Pharisees instead of going fishing with Jesus, what would they have been given? Rules! It’s what we fall back into the second we move away from “going fishing with Him.” It’s the battle between two paradigms: either Christianity is something I build based on my analyses and my attempts, or it is a reality I run into. The formula, “go fishing with Him” proposes this radical alternative to any attempt to produce Christianity based on your own coherence or efforts. This is the dramatic challenge we face, even if we all know that Christianity is an event and repeat it a hundred times. Bernardo said, “I think I know everything.” It’s true—if we had you take a test, I’m convinced the overwhelming majority of you would say Christianity is an “event.” We know it’s true. Yet he says, “But I’m always putting off that fullness: ‘If this would happen,’ or ‘If that would happen,’ and so the present slips through my fingers.” Jesus offers us a different and much simpler method, a method that, however, can only be recognized by the simple-hearted, like that friend who came back to the Movement after a few years, or the boyfriend who only needed two days to perceive a change in his relationship with his girlfriend and to ask himself why. It’s really something! If someone opened a “relationship institute” to teach how to make a romantic relationship between a boy and a girl truly fulfilling (“one hundred times more”) the line would be out the door! Who doesn’t want that? But there isn’t a school in the world that can generate the hundredfold. This means we’re saying something out of this world: that a guy who is not part of the Movement at all, who goes by chance to a community vacation because his girlfriend invited him, cannot help but recognize after just two days that their relationship is different! This is the real defense against nihilism. So the battle begins: between our attempts, our willingness to let ourselves go, our fragility in giving in to nihilism (“It’s impossible”), and allowing ourselves to bump into facts that defy all of that. After hearing what we’ve heard, each of us has to decide between the two; we’re forced to decide—not deciding is itself a decision. That boyfriend went there by chance, but then found himself in the midst of an unimaginable newness; he came across a human reality that made him ask questions. And pay attention that he ran into you, you who often compete to point out your limitations, to highlight your wretchedness; he helps you recognize what it is that you carry (what we carry). Perhaps we’re missing something! As you can see, it’s not that this human reality we call the Church has to be made up of people without shortcomings in order to interest people. We all have our limitations, but that’s not the point, because the things described that happened to that young man also happened to us. This makes it blatantly obvious that the witness we carry of Christ cannot be reduced to our ethical consistency or our good example; that witness is passed on even amidst all our limitations because something new has come into our lives. We still live in the flesh, meaning we make mistakes as we did before, but we can never entirely strip away that newness that has penetrated into the fibers of our being. We still make mistakes, but there’s something from outside that, when it entered our lives, generated an unmistakable newness. The sign of this, as Bernardo said about his other friend, is that a person looks at everything “with his eyes on an event,” or that you go home happy, as he said of himself, having gone to Rome to see the Pope during the busiest travel week of the year. And he told us why. What makes the method Jesus offers us valid? We see it in its correspondence with our heart. At first, Jesus doesn’t appeal to the fact that He is God, but rather solely to the experience of the hundredfold, to that experience of correspondence. “Follow me, because if you follow me, you will receive a hundred times more in life,” just as that couple did. In no way does Jesus blackmail us. He gives us a reason: the hundredfold. And when a person sees the hundredfold, he asks himself where it came from, as Bernardo said. We shouldn’t try to distance ourselves because the Church has shortcomings; we follow because something is happening in the Church that is greater than the shortcomings we all have.

“That boyfriend went there by chance, but then found himself in the midst of an unimaginable newness. Pay attention that he ran into you, you who so often compete to point out your limitations.”
Paolo. I really want to tell you about two facts that have made me a new man, thanks to which it has become clear that the method of “going fishing with the Lord” is the only one that can truly change me. The first goes back to the end of June. I went with a few others to participate in a meeting with the CL community in Chieti. Something unexpected happened right away: five people definitely not in CL came to School of Community. How did they end up there? There’s a backstory. Four of the five were students who had taken a class with a professor who’s in the Movement. At the end of the semester, the group realized they had a desire to go deeper into what they had discussed. That led to a proposal: a several day “study retreat.” Two-thirds of the class (so nine total; it was a small group) participated. Four of those showed up for School of Community. The meeting started with prayer, singing, a brief summary. The new faces gave each other questioning looks. The leader of the School of Community saw this and turned to them right away saying, “Can I ask you a question? Why are you here? I mean, what is it you found unique, or what attracted you about the professor whose class you took, that was enough to convince you to go to the study retreat and to come here today?” A lively discussion broke out, with a relentless volley of comments and responses. “His teaching was different;” “He relates to us in a different way;” “Having met him, we feel more connected to each other.” Along with the four students was another young man, the boyfriend of one of them. He, too, wanted to answer the question even though he isn’t in college; he has a job, so he didn’t go to the study retreat and he only came to School of Community because his girlfriend did. “I’m here because I saw the effect that meeting this professor and going on the study retreat had on my girlfriend: it’s not just that she’s changed or different, she’s a new person.” The conversation moved to the next level. “What is the source of that different way of life that attracted you in this way?” “I’d say there’s an underlying lifestyle choice.” “Yes,” another responded, “but even if there is a lifestyle choice behind it, the question still remains: Where does that choice flow from? And, above all, what sustains it every day? Because a Kantian moral norm isn’t enough motivation to make such a choice or uphold it every day.” A third student interjected, “Honestly, I still don’t get it. I want to understand, and that’s why I’m here.” That was the fact I wanted to share. I was there watching all of it and certain questions naturally came to me: What is happening to these students? Is it not the same thing that happened to me? Is this not what Christianity is?—a group of people attracted by a person, a presence! And don’t I have that same desire, right now, to understand who makes all this happen, exactly as I sought to understand at the beginning? All at once, because of what I was seeing, I found myself asking once again, “Who are You?” That fact swept away all that I thought I already knew about how Christ was going to reach me. I simply gave in to what happened in front of me, following His initiative, and I found myself saying, “It’s You, Lord.” On our way back to Milan in the car, that fact stayed with me, and there was nothing we could say or add, just an overflowing silence. I went to sleep “just waiting to wake up,” as the song says. The next day, I should’ve been dead tired, too exhausted to study based on the early morning and late night the day before. Instead, that next morning everything had that event as its point of departure and I faced my life differently; not because the circumstances had changed, but because I was renewed: I had been generated. The second fact happened during our community vacation. I was reviewing the text of the School of Community with a group of freshmen and one of them said something really simple about those first few days spent together. “I’m happy; I feel loved and I realize that I’m not making any grand efforts; I’m just agreeing to follow what is proposed to me, whatever’s in front of me.” Hearing her speak, I could’ve thought, “I’ve heard it all before,” but instead I nearly jumped out of my seat.
envied her because I desire that same simplicity of heart, that same poverty of spirit or affectivity, and I started to ask for it, to beg for it. And I asked myself, “Do I really believe that, in my life, what changes me and makes me happy is a Person, and not what I have in mind, an impression I have or some success in accomplishing a particular task?” I’ve discovered that it’s Him, the Lord, happening in my life that convinces me that He’s “all in all” (cf. Eph 1:23); I’m not the one who has to convince myself. I can no longer live for anything less than this. His presence is becoming more and more familiar in my life, not because I know more and more things, but because He draws me ever closer through His initiative and convinces me more and more that He is the Lord, that He is everything, that only He can give me that fulfillment, that hundredfold right now.

Carrón. Following Another’s initiative made the girlfriend come back new, and that amazed the boyfriend so much that he followed her all the way to School of Community. It’s as if those first encounters in the Gospels were happening again: Jesus encounters John and Andrew and everything starts from that. The encounters follow one after another: Peter, Philip, Nathaniel... It’s not a fact from the past; the same phenomenon is happening now. That’s how our friend Paolo woke up the next morning “a new man,” with the “event as his point of departure.” Just think of how many things in life leave no trace in us! And, in contrast, what a remarkable change that boyfriend must’ve seen in his girlfriend to say, “She’s a new person.” He didn’t participate in any of it, but he saw the effect of that time on her: it generated her. It was as if she was born anew, transformed; she was a new creation thanks to that encounter, her immersion in the study retreat. Either we have to erase these things from our memory, or we’re challenged to go to the source. “What is it that attracted you in the person who invited you?” Not just a “lifestyle choice.” But even if it were that, “What sustains that lifestyle choice that no Kantian moral norm could generate?” “I’m here to understand.” As a medieval monk said, “Something so great has happened to us that we will spend our entire lives in understanding it.” The same thing goes for us. So we find ourselves in front of the same choice between our efforts and following, between presumption and poverty of spirit, as Paolo described. He then asks himself, “Do I really believe it’s a Person that changes me?” This is the challenge of faith. “When Christ comes again, will He still find faith on earth” (cf. Lk 18:8)? Not people who speak about Christ and Christianity, about the results Christianity has produced, or the artwork that Italian culture is so full of. No, the question Paolo is asking is the same one Jesus asks: “when the Son of Man comes again, will He still find someone who has faith, who recognizes that there is a person right within history who changes him?” He doesn’t ask if he will find someone capable, because we’re all wretches, but rather someone who still believes, who recognizes His presence. What does Paolo have to say to us? He said that it’s Christ, by happening again, who demonstrates to us that He is “all in all,” and therefore “His presence draws me ever closer.” This is our only chance if we want to stay in God’s Church. We’re not here by accident. If what was just described hadn’t happened to each of us, after awhile we wouldn’t care anymore. So, then, before looking at all our little faults, all the stupid things we do, let’s ask ourselves, “What was it that happened that brought me here?” Recognizing what happened to you will begin to generate a true affection for yourself, a gaze on yourself that’s full of tenderness because of the great esteem Christ has for you. All the mistakes we make cannot keep us from being here. How many of you jumped out of bed full of joy this morning because of that? How many of you woke up complaining about what’s missing, about all the things still going wrong? Paolo woke up the next morning determined by the event that happened. How do you think John and Andrew must’ve woken up the day after meeting Jesus? How do you wake up the day after finding a girlfriend or boyfriend? You’re wretches as before, but what prevails is the presence of the other person. The Mystery, to help us shift our gaze from our misery, our mistakes, our Kantian ideas, comes and
happens again in our lives. Just as He did at the beginning with John and Andrew. At the time, everyone was dominated by a Pharisaic mentality, but that didn’t stop Jesus; He didn’t complain about how bad the times were, but as Péguy said, he went straight to the point and founded Christianity (C. Péguy, Lui è qui, BUR, Milan, 2009, 110): He went and encountered those two men, just as He comes to encounter us in these complex times.

**Samuele.** While rereading the Exercises over the summer, I often asked myself where I was in the choice of an ideology or an event. I looked at myself and said, ‘I feel pretty good, having made lots of discoveries; I have a problem or two and some wounds, but I’m overall pretty good; there’s nothing dramatic keeping me up at night.’ This summer I didn’t have a moment of doubt like I did in other years, when, left a little more on my own, I found myself overthinking and pulled into a tailspin of circular thinking. This year, I was amazed to realize that, little by little, my thoughts have stopped dominating over my experience.

**Carrón.** “My thoughts no longer prevail over my experience.” Reality is greater than our ideas, the Pope says. Experience is more powerful than thoughts. The only thing that frees us from our thoughts is an event, something that’s more real than our thoughts.

**Samuele.** This happened thanks to a number of facts that occurred throughout the year, but above all because of the responsibility I’ve been given, not so much in terms of things to do, but because it has given me opportunities to be in contact with life at a certain level, with a certain way of using reason and intelligence to look at reality, a reason and intelligence I see bursting inside you and in a lot of students as well.

**Carrón.** I hope that this will be true for all of you to whom responsibility is given: that it not be an added burden, but rather an opportunity to see what Christ is doing. The only reason we go to visit friends in other communities, go to School of Community, or participate in certain gestures is to see Him at work. What makes coming here worth it? Where in the world does something like what we’re hearing this morning happen? Where? If you find another place that’s more interesting, go! And then tell me about it.

**Samuele.** Slowly, almost by osmosis, to use a term we all know, this is all becoming mine, day after day, through daily battles and dialogues; year after year, not without struggling and stumbling, because it is too attractive to neglect. At the same time, it’s changing me almost in spite of me, without me realizing it, but always with me, through my freedom, raising the bar of my desire and the way I look at ordinary things. I’m understanding that I only need one thing to live: His real presence, Christ who is happening in the present through tangible facts. When Christ is happening, He restores to You things you could not give yourself—fulfillment, and at the same time a need for Him, that wound without which nothing speaks to you, it all goes mute. Living immersed in His presence is really an entirely different life.

**Carrón.** We’ll close here, but I’d like to pose a question again: what have you perceived that’s new this morning? Because this morning was more than an account of facts and events. I’ll leave you with that question and I’ll meet you “on the other side,” to see if we have been attentive to perceiving what the Mystery has given us through those people who spoke.
The Life of Luigi Giussani
by Alberto Savorana. Translated by Chris Bacich and Mariangela Sullivan

A detailed account of the life and legacy of the founder of the Communion and Liberation movement.

1,416 Pages, December 2017

Monsignor Luigi Giussani (1922-2005) was the founder of the Catholic lay movement Communion and Liberation in Italy, which has hundreds of thousands of adherents around the globe. In *The Life of Luigi Giussani*, Alberto Savorana, who spent an important part of his life working and studying with Giussani, draws on many unpublished documents to recount who the priest was and how he lived. Giussani’s life story is particularly significant because it shares many of the same challenges, risks, and paths toward enlightenment that are described in his numerous and influential publications.

In addition to providing the first chronological reconstruction of the life of the founder of Communion and Liberation, *The Life of Luigi Giussani* provides a detailed account of his legacy and what his life’s work meant to individual people and the Church.